

The 14 Concrete (but not so hard!) Steps to Private Practice: Plus, Six More Steps to Consider – A Guide for Licensed Clinical Social Workers and Licensed Marriage Family Therapists. ~Author Bonnie McKeegan



Amazon Book Page

Please use these links to access additional critical information and resources as you work through the paperback version of the book. If you find this information useful, please drop a review on Amazon. Thank you and best wishes for your private practice success!

References & Links Index

All links accessed February 2023

Disclaimer: Links may be broken or articles modified by website owners.

Introduction

DSM Diagnostic and Statistical Manual of Mental Disorders

<https://dsm.psychiatryonline.org/doi/book/10.1176/appi.books.9780890425596>

Psychiatry Online: DSM Library

ACA American Counseling Association

https://www.counseling.org/docs/default-source/government-affairs/faqs-on-the-passage-of-mha-improvement-act_2022.pdf

Medicare Law Passes

NASW National Association of Social Workers

<https://www.socialworkers.org/PPG-Guidelines-Final-Tech-Support-Nov-19-20.pdf>

Public Comments Requested for Private Practice Guidelines

NASW National Association of Social Workers

<https://www.socialworkers.org/Careers/Specialty-Practice-Sections/Private-Practice>

Private Practice Specialty Practice Section

Step One Name Your Practice

CAMFT California Association of Marriage Family Therapists

<https://www.camft.org/Resources>

Resources

Wonders Counseling & Consulting

<https://wonderscounseling.com/why-growing-a-play-therapy-private-practice-is-a-specialized-process/>

Why Growing a Play Therapy Private Practice is a Specialized Process

NIMH National Institute of Mental Health

<https://www.nimh.nih.gov/health/statistics/major-depression.shtml>

Major Depression

KFF Kaiser Family Foundation

<https://www.kff.org/coronavirus-covid-19/issue-brief/the-implications-of-covid-19-for-mental-health-and-substance-use/>

The Implications of COVID-19 for Mental Health and Substance Use

PRB Population Reference Bureau

<https://www.prb.org/aging-unitedstates-fact-sheet/>

Fact Sheet: Aging in the United States

PsychCentral

<https://psychcentral.com/lib/in-depth-cognitive-behavioral-therapy/>

All About Cognitive Behavioral Therapy (CBT)

PT Psychology Today <https://www.psychologytoday.com/us>

Online Therapy <https://www.onlinetherapy.com/>

Good Therapy <https://www.goodtherapy.org/>

Canva

<https://www.canva.com/create-a-design>

Create a Design

Design Crowd www.designcrowd.com

Fiverr <https://www.fiverr.com/>

Step Two Get Your EIN**IRS Internal Revenue Service**

<https://www.irs.gov/businesses/small-businesses-self-employed/apply-for-an-employer-identification-number-ein-online>

Apply for an Employer Identification Number (EIN) Online

IRS Internal Revenue Service

<https://www.irs.gov/pub/irs-pdf/fw9.pdf>

Typable W-9

Step Three Establish Your Practice Address**CL Craigslist**

<https://goldcountry.craigslist.org/d/office-commercial/search/off>

Gold Country Craigslist Office and Commercial Search

National Credentialing Solutions

<https://nationalcredentialing.com/medicare-provider-enrollment-eligibility-verification/>

Medicare Provider Enrollment Eligibility Verification

Disability Rights & ADA Compliance

<https://www.braunability.com/us/en/blog/disability-rights/what-does-ada-compliant-mean.html>

What Does ADA Compliant Mean for You and Why is it Important?

Step Four Email Phone Fax Internet Scanning**PCT Person-Centered Tech**

<https://personcenteredtech.com/edu/short-overview-forclass/>

Video: Short HIPAA, Tech, and Telemental Health Lecture with Discussion Interactions

HIPAA Journal

<https://www.hipaajournal.com/hipaa-business-associate-agreement/>

HIPAA Business Associate Agreement

iTherapy

<https://itherapy.com/pricing-options/>

Pricing Options

Google Workspace

<https://workspace.google.com/features/>

Features

Compliance Group

<https://compliance-group.com/is-office-365-hipaa-compliant/>

Is Office 365 HIPAA Compliant?

Cunningham Therapy

<https://www.cunninghamtherapy.com/userfiles/12969/file/ClientEmail.pdf>

Client Email/Texting Informed Consent Form

Anchor Counseling Centers

https://www.anchorcounselingcenters.com/uploads/3/8/0/7/38079979/technology_consent_form.pdf

Client Email/Phone/Texting Informed Consent Form

Amy Sheinberg, PhD

http://www.amysheinbergphd.com/Consent_email_text.pdf

Consent for Email/Text

Good Therapy

<https://www.goodtherapy.org/for-professionals/software-technology/hipaa-security/article/hipaa-compliant-email-tips-for-therapists>

HIPAA-Compliant Email Tips for Therapists

Telehealth.org

<https://telehealth.org/hipaa-compliant-email/>

HIPAA Compliant Email for Therapists

MailHippo <https://www.mailhippo.com/>

Microsoft

<https://www.microsoft.com/en-us/microsoft-365/business/compare-all-microsoft-365-business-products?&activetab=tab:primaryr2>

Microsoft 365 Pricing Options

Hushmail

<https://www.hushmail.com/business/healthcare/hipaa-compliant-email/>

Hushmail for Healthcare

Google Workspace <https://workspace.google.com/features/>

Practice of Therapy

<https://practiceoftherapy.com/gmail-google-apps-counselors/>

Gmail & G-Suite for Therapists: How to Stay HIPAA Compliant

Private Practice Skills

<https://privatepracticeskills.com/hipaa-compliant-email-therapists-g-suite/>

HIPAA Compliant Email for Therapists Using G Suite

Name.com <https://www.name.com/>

Hostinger Tutorials

<https://www.hostinger.com/tutorials/how-to-buy-a-domain-name>

How to Buy a Domain Name in 5 Simple Steps + Domain Selection Tips

Squarespace

<https://www.squarespace.com/domain-name-search/>

Search for your domain name

Wordpress

<https://wordpress.com/domains/>

Great ideas start with a good domain name

HIPAA Journal

<https://www.hipaajournal.com/texting-violation-hipaa/>

Is Texting in Violation of HIPAA?

PCT Person-centered Tech

<https://personcenteredtech.com/2016/05/31/therapy-business-line-cheap-hipaa-voip-services/>

Therapy Business Line on the Cheap?: HIPAA and "VoIP" Services

iPlum

<https://iplum.com/hipaa-calling-texting-compliance/>

HIPAA Compliant Texting & Calling

RingRx

<https://ringrx.com/phone-landing-page/>

A HIPAA Compliant Phone System Built Just for Healthcare

Phone.com

<https://www.phone.com/>

Voice. Text. Video. Fax. Conferencing. Collaboration.

Faxage.com

www.faxage.com

Fax by Email, Web or API

Digital Trends

<https://www.digitaltrends.com/mobile/camscanner-android-malware/>

CamScanner app found to have malware

Step Five Get Your Business License

Nav Technologies

<https://www.nav.com/blog/266-business-licensing-by-state-5008/>

How to Get a Business License in Your State

Step Six Order Business Cards & Other Signage

Vistaprint <http://vistaprint.com>

HiHello <https://www.hihello.me/pricing>

HiHello Pricing

Step Seven Join Your Professional Organization

AAMFT American Association for Marriage and Family Therapy <https://www.aamft.org/>

CAMFT California Association of Marriage and Family Therapists <https://www.camft.org/>

CSWA Clinical Social Work Association <https://www.clinicalsocialworkassociation.org/>

CPH & Associates <https://www.cphins.com/>

NASW National Association of Social Workers <https://www.socialworkers.org/>

NASW Assurance Services <https://getinsured.naswassurance.org/professional-liability-insurance-nasw/>

Liability Coverage Designed by Social Workers, for Social Workers

APA American Professional Agency

<https://www.americanprofessional.com/covered-professions/social-workersno-association-membership-or-dues/>

The Social Worker Program

APA American Psychological Association <https://www.apa.org/>

CALPCC California Association for Licensed Professional Clinical Counselors

<https://calpcc.org/who-are-lpcs>

Who are LPCCs?

ACA American Counseling Association

<https://www.counseling.org/about-us/about-aca>

About Us

Step Eight Get Insured

Hiscox <https://www.hiscox.com/>

APA American Professional Agency <https://www.americanprofessional.com/>

CPH & Associates <https://www.cphins.com/>

Hiscox <https://www.hiscox.com/>

CAQH Council for Affordable Quality Healthcare

<https://proview.caqh.org/>

ProView

NOLO

<https://www.nolo.com/legal-encyclopedia/malpractice-insurance-what-tail-coverage.html>

What is Medical Malpractice "Tail" Coverage?

Step Nine Get Your National Provider Identification (NPI)

CMS Centers for Medicare and Medicaid Services

https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/MedicareProviderSupEnroll/downloads/EnrollmentSheet_WWWWH.pdf

The Who, What, When, Why & How of NPI: Information for Health Care Providers

NPPES National Plan & Provider Enumeration System <https://nppes.cms.hhs.gov/#/>

Step Ten Set Up Your Business Checking Account

Noridian Healthcare Solutions - Medicare MAC CMS1500 claim form

<https://med.noridianmedicare.com/web/jddme/claims-appeals/claim-submission/instructions>

CMS1500 Claim Form

Step Eleven Set Your Fees

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/medicare-coverage-database/details/lcd-details.aspx?LCDId=33252&ver=29&Date=&DocID=L33252&SearchType=Advanced&bc=KAAAABAAIAAA&>

Psychiatric Diagnostic Evaluation and Psychotherapy Services

Codify by AAPC American Academy of Professional Coders

<https://www.aapc.com/codes/cpt-codes-range/>

CPT® Codes Lookup

TherapyNotes

<https://blog.therapynotes.com/new-cpt-codes-take-effect-january-1-2019>

New CPT Codes Take Effect January 1, 2019

NASW National Association of Social Workers

<https://www.socialworkers.org/Practice/Clinical-Social-Work/Billing>

Billing

Simple Practice

<https://www.simplepractice.com/blog/top-billed-cpt-codes/>

Top 10 Mental Health CPT Codes 2022

PsychCentral

<https://psychcentral.com/lib/cpt-codes-for-psychology-services/>

CPT Codes for Psychotherapy & Other Psychology Services

TherapyNotes

<https://blog.therapynotes.com/a-quick-overview-of-cpt-codes>

A Quick Overview of CPT Codes

APA American Psychological Association

<https://www.apaservices.org/practice/reimbursement/health-codes>

CPT and Diagnostic Codes

APA American Psychological Association

<https://www.apaservices.org/practice/reimbursement/health-codes/health-behavior>

HBAI Health Behavior Assessment and Intervention Services

CT ACA Counseling Today American Counseling Association

<https://ct.counseling.org/2008/04/private-practice-in-counseling-the-complications-of-sliding-fee-scales>

The complications of sliding fee scales

GoodTherapy

<https://www.goodtherapy.org/for-professionals/business-management/money/how-to-set-sliding-scale-fees-for-your-practice>

How to Set Sliding Scale Fees for Your Practice

Zur Institute

<https://www.zurinstitute.com/courses/bartering-in-psychotherapy/overview/>

CEU Course offered

TherapyNotes

<https://blog.therapynotes.com/a-quick-overview-of-family-codes>

A Quick Overview of Family CPT Codes (90846 and 90847)

TheraThink

<https://therathink.com/cpt-code-90853>

CPT Code 90853: Group Therapy Billing & Coding Guide [2023]

APA American Psychological Association

<https://www.apaservices.org/practice/business/management/tips/procedures>

Put It in Writing: Your Office Policies and Procedures

PCT Person-centered Tech

<https://personcenteredtech.com/hipaa-manual-solo/>

Get Your HIPAA Manual Done

Navigating the Insurance Maze

<https://navigatingtheinsurancemaze.com/>

The Therapist's Complete Guide to Working with Insurance

Step Twelve Decide Who Will Do Your Billing

Square <https://squareup.com/us/en>

Ivy Pay

<https://www.talktoivy.com/ivypay>

Finally, a credit card option tailor-made for therapists.

Reimbursify

<https://reimbursify.com/>

We simplify out-of-network care for practitioners, patients & partners.

Be Your Own Biller

<https://webinars.beyourownbiller.com/>

Empowering Mental Health Clinicians

PCT Person-centered Tech

<https://personcenteredtech.com/2015/03/01/ethics-of-disclosure-to-clients-who-pay-with-plastic-or-online-transfers/>

Ethics of Disclosure to Clients Who Pay With Plastic or Online Transfers

PCT Person-centered Tech

<https://personcenteredtech.com/2016/02/21/square-hipaa-compliant-ethics-hipaa-client-safety-considerations/>

Use Square, Be HIPAA Compliant! Ethics, HIPAA... and What About PayPal?

Navigating the Insurance Maze <https://navigatingtheinsurancemaze.com/>

Noridian Healthcare Solutions - Medicare MAC

<https://med.noridianmedicare.com/web/jadme/topics/ra/qualified-medicare-beneficiary-qmb-program> *Qualified*

Medicare Beneficiary (QMB) Program

CMS Centers for Medicare and Medicaid Services

[https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-](https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/Medicare_Beneficiaries_Dual_Eligibles_At_a_Glance.pdf)

[MLN/MLNProducts/downloads/Medicare_Beneficiaries_Dual_Eligibles_At_a_Glance.pdf](https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/Medicare_Beneficiaries_Dual_Eligibles_At_a_Glance.pdf)

Beneficiaries Dually Eligible for Medicare & Medicaid

CAQH Council for Affordable Quality Healthcare

<https://proview.caqh.org/Login/>

ProView

CAMFT California Association of Marriage and Family Therapists

<https://www.camft.org/Resources/Read-The-Therapist>

Read The Therapist

Facebook Group: Insurance, Credentialing, Billing for MHClinics

<https://www.facebook.com/groups/InsuranceCredentialingandBillingforMHClinicians/>

Insurance Credentialing and Billing for Mental Health Clinicians

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1500.pdf>

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/clm104c26pdf.pdf> *Medicare Claims Processing Manual*

NUCC National Uniform Claim Committee

<https://www.nucc.org/index.php/1500-claim-form-mainmenu-35/1500-instructions-mainmenu-42>

1500 Claim Form Reference Instruction Manual

OA Office Ally

<https://cms.officeally.com/Pages/Products/Clearinghouse.aspx>

Clearinghouse only information

Simple Practice

<https://www.simplepractice.com/?p=6db72747f2>

Referral Discount Link

OA Office Ally

<https://cms.officeally.com/>

Service Center; Practice Mate; EHR 24/7; clearinghouse

Availity

<https://www.availity.com/>

Clearinghouse

NASW National Association of Social Workers

<https://www.socialworkers.org/Practice/Clinical-Social-Work/Billing>

Billing Codes

NASW National Association of Social Workers

<https://www.socialworkers.org/LinkClick.aspx?fileticket=Ek4rmzNr6S8%3d&portalid=0>

Highlights of the Medicare CY 2021 Physician Final Rule February 2021

NASW National Association of Social Workers

<https://www.socialworkers.org/LinkClick.aspx?fileticket=clh5cgEk5E0%3d&portalid=0>

Medicare Telehealth Psychiatric CPT Codes used by Clinical Social Workers

NASW National Association of Social Workers

<https://www.socialworkers.org/LinkClick.aspx?fileticket=AIf2z25g2mI%3d&portalid=0>

Medicare Revises Telehealth Place of Service and Modifier Codes During COVID-19

Step Thirteen Choose Your Charting Method EHR vs. Paper

Advanced Data Systems Corporation

<https://www.adsc.com/blog/why-your-paper-based-system-is-slowing-your-practice-down>

Why Your Paper-Based System is Slowing Your Practice Down

Practice Fusion

<https://www.practicefusion.com/health-informatics-practical-guide-page-1/>

Benefits of switching to an electronic health record

GoodTherapy

<https://www.goodtherapy.org/for-professionals/software-technology/ehr-emr/article/what-are-emrs-and-ehrs-and-why-do-they-matter-to-therapists>

What Are EMRs and EHRs, and Why Do They Matter to Therapists?

TherapyNotes <https://www.therapynotes.com/>

Simple Practice

<https://www.simplepractice.com/?p=6db72747f2>

Discount Referral Link

TA TherapyAppointment <https://www.therapyappointment.com/>

OA Office Ally <https://cms.officeally.com/>

TheraNest <https://theranest.com/>

NASW National Association of Social Workers

https://www.socialworkers.org/LinkClick.aspx?fileticket=kluX7JP_Lv4%3D&portalid=0

New Federal Rule Provides Patients Access to Records 21st Century Cures Act (Cures)

Step Fourteen Create Your Forms & Celebrate!

Contra Costa Behavioral Health

<https://cchealth.org/mentalhealth/clinical-documentation/pdf/Clinical-Documentation-Manual.pdf>

Clinical Documentation Manual

CAMFT California Association of Marriage and Family Therapists

<https://www.camft.org/Resources/Legal-Articles/Chronological-Article-List/revisiting-informed-consent>

Revisiting Informed Consent

Zur Institute

<https://www.zurinstitute.com/informed-consent/>

Informed Consent

NASW National Association of Social Workers

<https://www.socialworkers.org/About/Legal/Legal-Issue-of-the-Month/Legal-Considerations-for-Social-Workers-Resuming-In-Person-Services>

COVID-19: Legal Considerations for Social Workers Resuming In-Person Services

AAMFT American Association for Marriage and Family Therapy <https://www.aamft.org/Events/Coronavirus-Reopening-Guidelines.aspx>

COVID-19: Reopening Practices and Resuming In-Person Sessions

Simple Practice

<https://www.simplepractice.com/blog/no-surprises-act-good-faith-estimates/>

No Surprises Act Q&A: What Good Faith Estimates Mean for Your Practice

Novitas Solutions - Medicare MAC

<https://www.novitas-solutions.com/webcenter/portal/MedicareJL/pagebyid?contentId=00171100>

Checklist: Psychotherapy services documentation

TheraNest

<https://theranest.com/resources/treatment-plan-template/>

Free Treatment Plan Templates for Mental Health Professionals

PostivePsychology

<https://positivepsychology.com/mental-health-treatment-plans/>

Mental Health Treatment Plans: Templates, Goals & Objectives

Amazon

<https://www.amazon.com/Complete-Adult-Psychotherapy-Treatment-Planner/dp/111806786X>

The Complete Adult Psychotherapy Treatment Planner: Includes DSM-5 Updates

NASW National Association of Social Workers

<https://www.socialworkers.org/About/Legal/HIPAA-Help-For-Social-Workers/Telemental-Health>

Telemental Health: Legal Considerations for Social Workers

NASW National Association of Social Workers

<https://www.socialworkers.org/LinkClick.aspx?fileticket=fN67-dWQReM%3d&portalid=0>

Telemental Health Informed Consent

U.S. DHHS U.S. Department of Health and Human Services

<https://www.hhs.gov/hipaa/for-professionals/privacy/guidance/model-notices-privacy-practices/index.html>

Model Notices of Privacy Practices

U.S. DHHS U.S. Department of Health and Human Services

https://www.hhs.gov/sites/default/files/ocr/privacy/hipaa/npp_hc_provider-text_version.doc

Model Notices of Privacy Practices

NASW National Association of Social Workers

<https://www.socialworkers.org/About/Legal/HIPAA-Help>

HIPAA Help for Social Workers

U.S. DHHS U.S. Department of Health and Human Services

<https://www.hhs.gov/hipaa/for-professionals/faq/notice-of-privacy-practice/index.html>

Notice of Privacy Practices

Dr. Keely Kolmes

<https://drkkolmes.com/social-media-policy/>

Updated Social Media Policies, 2020!

Cunningham Therapy

<https://www.cunninghamtherapy.com/userfiles/12969/file/ClientEmail.pdf>

Client Email/Texting Informed Consent Form

HIPAA Journal

<https://www.hipaajournal.com/hipaa-release-form/>

HIPAA Release Form

University Health Services Florida State University https://uhs.fsu.edu/sites/g/files/upcbnu1651/files/docs/PHQ-9%20and%20GAD-7%20Form_a.pdf

PHQ9 & GAD7

AAMFT American Association for Marriage and Family Therapy <https://www.aamft.org/>

Navigating the Insurance Maze

<https://navigatingtheinsurancemaze.com/product/formspacket/>

Forms Packets

The Practice of Therapy

<https://practiceoftherapy.com/hacks-and-tips-for-using-google-g-suite-in-private-practice/>

Google G-Suite Hacks and Tips

Cornell Law School

<https://www.law.cornell.edu/cfr/text/45/164.501>

Protected Health Information 45 CFR § 164.501 - Definitions.

CMS Centers for Medicare and Medicaid Services

[https://www.cms.gov/medicare-coverage-database/details/lcd-](https://www.cms.gov/medicare-coverage-database/details/lcd-details.aspx?LCDId=33252&ver=29&Date=&DocID=L33252&SearchType=Advanced&bc=KAAAABAAIAAA&)

[details.aspx?LCDId=33252&ver=29&Date=&DocID=L33252&SearchType=Advanced&bc=KAAAABAAIAAA&](https://www.cms.gov/medicare-coverage-database/details/lcd-details.aspx?LCDId=33252&ver=29&Date=&DocID=L33252&SearchType=Advanced&bc=KAAAABAAIAAA&) *Psychiatric*

Diagnostic Evaluation and Psychotherapy Services

TheraNest

<https://theranest.com/blog/what-are-psychotherapy-notes-vs-progress-notes/>

What are Psychotherapy Notes and How Are They Different from Progress Notes?

Step Fifteen To Home Visit or Not to Home Visit

Medicare Interactive

<https://www.medicareinteractive.org/get-answers/medicare-covered-services/home-health-services/the-homebound-requirement>

The homebound requirement

Medicare Interactive

<https://www.medicareinteractive.org/get-answers/medicare-covered-services/home-health-services/home-health-basics>

Home health basics

Medicare Interactive

<https://www.medicareinteractive.org/get-answers/medicare-covered-services/home-health-services/plan-of-care>

Home Health Plan of care

NASW National Association of Social Workers

https://www.socialworkers.org/Practice/Clinical-Social-Work/Billing-Codes?udt_22777_param_page=2

Clinical Social Work Practice Tools: Billing

CMS Centers for Medicare and Medicaid Services

https://www.cms.gov/Medicare/Coding/place-of-service-codes/Place_of_Service_Code_Set
Place of Service Code Set

CMS Centers for Medicare and Medicaid Services

https://www.cms.gov/Medicare/Coding/place-of-service-codes/Place_of_Service_Code_Set
Place of Service Code Set

CMS Centers for Medicare and Medicaid Services

https://www.cms.gov/Medicare/Coding/place-of-service-codes/Place_of_Service_Code_Set
Place of Service Code Set

Novitas Solutions

<https://www.novitas-solutions.com/webcenter/portal/MedicareJL/pagebyid?contentId=00003600>
GV & GW modifiers

Step Sixteen Applying to Insurance Panels

Navigating the Insurance Maze

<https://theinsurancemaze.com/>

Be Your Own Biller

<https://webinars.beyourownbiller.com/>
Webinars

CAQH Council for Affordable Quality Healthcare

<https://www.caqh.org/>

NASW National Association of Social Workers

<https://www.socialworkers.org/advocacy/policy-issues/medicare-reimbursement>
Medicare Reimbursement Improving Access to Mental Health Act (S. 870/H.R. 2035)

GoMedigap

<https://www.gomedigap.com/medicare-answers/medicare-supplement-plans/medicare-2020-changes/>
What Are the Medicare Changes 2020

AARP American Association of Retired Persons

https://assets.aarp.org/rgcenter/health/fs149_medicare.pdf
The Medicare Beneficiary Population

CMS Centers for Medicare and Medicaid Services

<https://data.cms.gov/>
CMS Data Sets

CSWA Clinical Social Work Association

<https://www.clinicalsocialworkassociation.org/Legislative-Alerts/3740167>
UPDATE on LCSWs and Medicare Opt-in and Opt-out

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Medicare-Contracting/Medicare-Administrative-Contractors/Who-are-the-MACs#MapsandLists>

Who are the MACs

Noridian Health Services MAC

<https://med.noridianmedicare.com/web/jeb/enrollment/ptan>
PTAN information

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Medicare-Contracting/Medicare-Administrative-Contractors/Who-are-the-MACs>
Who are the MACs - Current Maps & Lists

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/Manage-Your-Enrollment>
Manage Your Enrollment

PECOS Medicare Enrollment for Providers and Suppliers <https://pecos.cms.hhs.gov/pecos/login.do#headingLv1>
Medicare Provider Enrollment, Chain, and Ownership System (PECOS)

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Medicare-Contracting/Medicare-Administrative-Contractors/Who-are-the-MACs#MapsandLists>

Who are the MACs

Noridian Healthcare Solutions - Medicare MAC <https://med.noridianmedicare.com/web/jeb/enrollment/enroll>

Enroll in Medicare - Jurisdiction E Part B: California, Hawaii, Nevada, American Samoa, Guam, Northern Mariana Islands

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/MedicareProviderSupEnroll/EnrollmentApplications.html>

Enrollment Applications

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Medicare-Contracting/FFSPProvCustSvcGen/MAC-Website-List>

MAC Websites, Secure Internet Portals, & Electronic Mailing Lists

Noridian Healthcare Solutions Medicare MAC

<https://med.noridianmedicare.com/web/jeb/enrollment/opt-out>

Opt Out of Medicare

CMS Centers for Medicare and Medicaid Services

[https://www.CMS.gov/Outreach-and-Education/Medicare-Learning-Network-](https://www.CMS.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNMattersArticles/Downloads/SE1128.pdf)

[MLN/MLNMattersArticles/Downloads/SE1128.pdf](https://www.CMS.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNMattersArticles/Downloads/SE1128.pdf)

Prohibition Billing Dually Eligible Individuals Enrolled in the Qualified Medicare Beneficiary (QMB) Program

CMS Centers for Medicare and Medicaid Services

[https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-](https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/Medicare_Beneficiaries_Dual_Eligibles_At_a_Glance.pdf)

[MLN/MLNProducts/downloads/Medicare_Beneficiaries_Dual_Eligibles_At_a_Glance.pdf](https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/Medicare_Beneficiaries_Dual_Eligibles_At_a_Glance.pdf)

Beneficiaries Dually Eligible for Medicare & Medicaid

AAPC American Academy of Professional Coders

<https://www.aapc.com/macra/macra.aspx>

What Is MACRA?

CMS Centers for Medicare and Medicaid Services

<https://qpp.cms.gov/mips/how-eligibility-is-determined?py=2020#mipsEligibleClinicians-2020>

How MIPS Eligibility is Determined

California Medi-Cal Provider Enrollment

https://files.medi-cal.ca.gov/pubsdoco/prov_enroll.aspx

Nevada DHHS Nevada Department of Health and Human Services Medicaid Nevada

<https://www.medicaid.nv.gov/providers/enroll.aspx>

Provider Enrollment

CA DHCS California Department of Health Care Services Medi-Cal

<https://www.dhcs.ca.gov/individuals/Pages/MMCDHealthPlanDir.aspx>

Medi-Cal Managed Care Health Plan Directory

CA DHCS California Department of Health Care Services Medi-Cal

<https://www.dhcs.ca.gov/individuals/Pages/MMCDHealthPlanDir.aspx>

Medi-Cal Managed Care Health Plan Directory

CHW California Health and Wellness

<https://www.cahealthwellness.com/providers/become-a-provider.html>

Become a Provider

Anthem Blue Cross Managed Care Medi-Cal

<https://mss.anthem.com/california-medicaid/benefits/medi-cal-plan-benefits.html>

Medi-Cal benefits

Anthem Blue Cross

<https://www.anthem.com/ca/provider/getting-started/>

California: Join Our Network

Nevada DHHS Nevada Department of Health and Human Services

<http://dhcftp.nv.gov/Members/BLU/MCOMain/>

Managed Care and Dental Health Plan

Aetna

<https://www.aetna.com/health-care-professionals/join-the-aetna-network.html>

Join Network

Anthem Blue Cross

<https://mediproviders.anthem.com/ca/pages/join-our-network.aspx>

Joining our network California Providers

Beacon Health Options

<https://www.beaconhealthoptions.com/providers/beacon/contact-information/>

Interested in joining the network?

Blue Shield of California

https://www.blueshieldca.com/bsca/bsc/wcm/connect/provider/provider_content_en/guidelines_resources/prospective_providers/behavioral_health_providers

Join the Blue Shield of California provider network

HMC Healthworks

<https://www.hmchealthworks.com/programs/managed-behavioral-health/>

Join Our Network

UFCWT United Food & Commercial Workers Trust

<https://www.ufcwtrust.com/providers.aspx>

Provider Enrollment

MHN / Healthnet

<https://www.mhn.com/providers/join-our-network.html>

Join Our Network

Optum Provider Express

<https://www.providerexpress.com/content/ope-provexpr/us/en/our-network/jon-states.html>

Join Our Network

Tricare-West

<https://www.tricare-west.com/content/hnfs/home/tw/prov/become-a-provider.html>

Become a TRICARE Provider - West Region Network

California State Managed Care Medi-Cal program

<https://www.dhcs.ca.gov/individuals/Pages/MMCDHealthPlanDir.aspx>

Medi-Cal Managed Care Health Plan Directory

Navigating the Insurance Maze <https://navigatingtheinsurancemaze.com/>

Step Seventeen Get the Word Out -You're Open for Business!

Weebly <https://www.weebly.com/>

Wix <https://www.wix.com/>

Wordpress.com www.wordpress.com

Sites.google <https://sites.google.com/new>

GoDaddy <https://www.godaddy.com/offers/website-builder/website>

Website.Com <https://www.website.com/>

VistaPrint

<https://www.vistaprint.com/digital-marketing>

Digital Marketing

Name.com www.name.com

Online Therapy Directory <https://www.onlinetherapy.com/>

GAH Give an Hour

<https://giveanhour.org/>

Mental Health. For Life

PT Psychology Today www.PsychologyToday.com

Step Eighteen Establish Your Professional Will

TherapyNotes

<https://blog.therapynotes.com/how-and-why-to-prepare-a-professional-will-for-your-therapy-practice>

How (and Why) to Prepare a Professional Will for Your Therapy Practice

Simple Practice

<https://www.simplepractice.com/blog/in-case-of-emergency-the-professional-will-with-free-template/>

In Case of Emergency: The Professional Will

Step Nineteen Telemental Health/Teletherapy/Tele-Behavioral Health, or plain ole' Telehealth, OH MY

TherapyNotes

<https://blog.therapynotes.com/how-covid-has-transformed-mental-healthcare>

How COVID Has Transformed Mental Healthcare

CALTRC California Telehealth Resource Center

<https://caltrc.org/lessons/what-is-telehealth-2/>

What is telehealth?

CMS Centers for Medicare and Medicaid Services

https://www.cms.gov/Medicare/Coding/place-of-service-codes/Place_of_Service_Code_Set

Place of Service Code Set

CA BBS California Board of Behavioral Sciences

<https://www.bbs.ca.gov/consumers/info.html>

General Info & Requirements

CA BBS Business and Professions Code General Info

<https://www.bbs.ca.gov/consumers/info.html>

General Info & Requirements

Medicare.gov

<https://www.medicare.gov/coverage/telehealth>

Medicare Part B (Medical Insurance) covers certain telehealth services.

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/newsroom/fact-sheets/calendar-year-cy-2022-medicare-physician-fee-schedule-final-rule>

Calendar Year (CY) 2022 Medicare Physician Fee Schedule Final Rule

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/newsroom/fact-sheets/calendar-year-cy-2022-medicare-physician-fee-schedule-final-rule>

Calendar Year (CY) 2022 Medicare Physician Fee Schedule Final Rule

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/RuralHlthClinfctsh.pdf>

Rural Health Clinic

Rural Health Clinic

Positive Psychology

<https://positivepsychology.com/telemental-health/>

17 Telemental Health Resources for Practitioners & Patients

E-visit <https://evisit.com/state-telemedicine-policy/>

CCHPCA Center for Connected Health Policy <http://www.cchpca.org/>

CALTRC California's Telehealth Resource Center <http://www.caltrc.org/>

PCT Person-centered Tech <https://personcenteredtech.com/>

Zur Institute <https://www.zurinstitute.com/>

Telehealth.org <https://telehealth.org/>

CA BBS California Board of Behavioral Sciences

https://www.bbs.ca.gov/pdf/regulation/2016/1815_ooa.pdf

§1815.5. Standards of Practice for Telehealth

Doxy.me <https://doxy.me/>

Doxy.me

www.doxy.me/bonniemckeeaganlcsw

Bonnie McKeegan's Doxy Page

Google Meet <https://meet.google.com/>

Microsoft Teams

<https://www.microsoft.com/en-us/microsoft-teams/healthcare-solutions>

For Healthcare Workers

Zoom

<https://zoom.us/healthcare>

Telehealth for Healthcare Providers

VSee <https://vsee.com/>

Updox <https://www.updox.com/>

Skype for Business

<https://www.hipaajournal.com/skype-hipaa-compliant/>

Is Skype HIPAA Compliant?

Cisco Webex Meetings / Webex Teams

<https://blog.webex.com/video-conferencing/protecting-your-webex-healthcare-data/> and

<https://www.webex.com/pricing/index-rbd.html>

How Do Cisco's Webex Services Enable HIPAA Compliance?

Amazon Chime

https://aws.amazon.com/about-aws/whats-new/2019/06/chime_hipaa_eligibility/ and for pricing

<https://aws.amazon.com/chime/pricing/?nc=sn&loc=3&dn=1>

Amazon Chime Achieves HIPAA Eligibility

GoToMeeting

<https://www.goto.com/pricing/meeting>

GoToMeeting Pricing

PT Psychology Today Sessions: Review on Person-centered Tech

<https://personcenteredtech.com/2020/09/17/psychology-today-sessions-a-provisional-review/>

Psychology Today Sessions: A Provisional Review

TheraPlatform

<https://www.theraplatform.com/features/hipaa-compliant-video-conferencing>

HIPAA compliant video conferencing

TherapyNotes <https://www.therapynotes.com/>

TheraNest

<https://theranest.com/vs/psychology-today-sessions/>

How does TheraNest Telehealth compare to Psychology Today's "Sessions"?

BlueJeans by Verizon

<https://www.bluejeans.com/use-cases/telehealth>

Video Conferencing For Telehealth

Step Twenty Compassion Satisfaction, Compassion Fatigue, Burnout**CompassionFatigue.org**

<https://www.compassionfatigue.org/pages/resources.html>

Resources

ProQol.org

<https://proqol.org/proqol-1>

Take the test