

The 14 Concrete (but not so hard!) Steps to Private Practice: Plus, Six More Steps to Consider – A Guide for Licensed Clinical Social Workers and Licensed Marriage Family Therapists.

References & Links Index

All links accessed February 2023

Disclaimer: Links may be broken or articles modified by website owners.

Introduction

DSM Diagnostic and Statistical Manual of Mental Disorders

<https://dsm.psychiatryonline.org/doi/book/10.1176/appi.books.9780890425596>

Psychiatry Online: DSM Library

ACA American Counseling Association

https://www.counseling.org/docs/default-source/government-affairs/faqs-on-the-passage-of-mha-improvement-act_2022.pdf

Medicare Law Passes

NASW National Association of Social Workers

<https://www.socialworkers.org/PPG-Guidelines-Final-Tech-Support-Nov-19-20.pdf>

Public Comments Requested for Private Practice Guidelines

NASW National Association of Social Workers

<https://www.socialworkers.org/Careers/Specialty-Practice-Sections/Private-Practice>

Private Practice Specialty Practice Section

Step One Name Your Practice

CAMFT California Association of Marriage Family Therapists

<https://www.camft.org/Resources>

Resources

Wonders Counseling & Consulting

<https://wonderscounseling.com/why-growing-a-play-therapy-private-practice-is-a-specialized-process/>

Why Growing a Play Therapy Private Practice is a Specialized Process

NIMH National Institute of Mental Health

<https://www.nimh.nih.gov/health/statistics/major-depression.shtml>

Major Depression

KFF Kaiser Family Foundation

<https://www.kff.org/coronavirus-covid-19/issue-brief/the-implications-of-covid-19-for-mental-health-and-substance-use/>

The Implications of COVID-19 for Mental Health and Substance Use

PRB Population Reference Bureau

<https://www.prb.org/aging-unitedstates-fact-sheet/>

Fact Sheet: Aging in the United States

PsychCentral

<https://psychcentral.com/lib/in-depth-cognitive-behavioral-therapy/>

All About Cognitive Behavioral Therapy (CBT)

PT Psychology Today <https://www.psychologytoday.com/us>

Online Therapy <https://www.onlinetherapy.com/>

Good Therapy <https://www.goodtherapy.org/>

Canva

<https://www.canva.com/create-a-design>

Create a Design

Design Crowd www.designcrowd.com

Fiverr <https://www.fiverr.com/>

Step Two Get Your EIN

IRS Internal Revenue Service

<https://www.irs.gov/businesses/small-businesses-self-employed/apply-for-an-employer-identification-number-ein-online>

Apply for an Employer Identification Number (EIN) Online

IRS Internal Revenue Service

<https://www.irs.gov/pub/irs-pdf/fw9.pdf>

Typable W-9

Step Three Establish Your Practice Address

CL Craigslist

<https://goldcountry.craigslist.org/d/office-commercial/search/off>

Gold Country Craigslist Office and Commercial Search

National Credentialing Solutions

<https://nationalcredentialing.com/medicare-provider-enrollment-eligibility-verification/>

Medicare Provider Enrollment Eligibility Verification

Disability Rights & ADA Compliance

<https://www.braunability.com/us/en/blog/disability-rights/what-does-ada-compliant-mean.html>

What Does ADA Compliant Mean for You and Why is it Important?

Step Four Email Phone Fax Internet Scanning

PCT Person-Centered Tech

<https://personcenteredtech.com/edu/short-overview-forclass/>

Video: Short HIPAA, Tech, and Telemental Health Lecture with Discussion Interactions

HIPAA Journal

<https://www.hipaajournal.com/hipaa-business-associate-agreement/>

HIPAA Business Associate Agreement

iTherapy

<https://itherapy.com/pricing-options/>

Pricing Options

Google Workspace

<https://workspace.google.com/features/>

Features

Compliance Group

<https://compliance-group.com/is-office-365-hipaa-compliant/>

Is Office 365 HIPAA Compliant?

Cunningham Therapy

<https://www.cunninghamtherapy.com/userfiles/12969/file/ClientEmail.pdf>

Client Email/Texting Informed Consent Form

Anchor Counseling Centers

https://www.anchorcounselingcenters.com/uploads/3/8/0/7/38079979/technology_consent_form.pdf

Client Email/Phone/Texting Informed Consent Form

Amy Sheinberg, PhD

http://www.amysheinbergphd.com/Consent_email_text.pdf

Consent for Email/Text

Good Therapy

<https://www.goodtherapy.org/for-professionals/software-technology/hipaa-security/article/hipaa-compliant-email-tips-for-therapists>

HIPAA-Compliant Email Tips for Therapists

Telehealth.org

<https://telehealth.org/hipaa-compliant-email/>

HIPAA Compliant Email for Therapists

MailHippo <https://www.mailhippo.com/>

Microsoft

<https://www.microsoft.com/en-us/microsoft-365/business/compare-all-microsoft-365-business-products?&activetab=tab:primaryr2>

Microsoft 365 Pricing Options

Hushmail

<https://www.hushmail.com/business/healthcare/hipaa-compliant-email/>

Hushmail for Healthcare

Google Workspace <https://workspace.google.com/features/>

Practice of Therapy

<https://practiceoftherapy.com/gmail-google-apps-counselors/>

Gmail & G-Suite for Therapists: How to Stay HIPAA Compliant

Private Practice Skills

<https://privatepracticeskills.com/hipaa-compliant-email-therapists-g-suite/>

HIPAA Compliant Email for Therapists Using G Suite

Name.com <https://www.name.com/>

Hostinger Tutorials

<https://www.hostinger.com/tutorials/how-to-buy-a-domain-name>

How to Buy a Domain Name in 5 Simple Steps + Domain Selection Tips

Squarespace

<https://www.squarespace.com/domain-name-search/>

Search for your domain name

Wordpress

<https://wordpress.com/domains/>

Great ideas start with a good domain name

HIPAA Journal

<https://www.hipaajournal.com/texting-violation-hipaa/>

Is Texting in Violation of HIPAA?

PCT Person-centered Tech

<https://personcenteredtech.com/2016/05/31/therapy-business-line-cheap-hipaa-voip-services/>

Therapy Business Line on the Cheap?: HIPAA and "VoIP" Services

iPlum

<https://iplum.com/hipaa-calling-texting-compliance/>

HIPAA Compliant Texting & Calling

RingRx

<https://ringrx.com/phone-landing-page/>

A HIPAA Compliant Phone System Built Just for Healthcare

Phone.com

<https://www.phone.com/>

Voice. Text. Video. Fax. Conferencing. Collaboration.

Faxage.com

www.faxage.com

Fax by Email, Web or API

Digital Trends

<https://www.digitaltrends.com/mobile/camscanner-android-malware/>

CamScanner app found to have malware

Step Five Get Your Business License

Nav Technologies

<https://www.nav.com/blog/266-business-licensing-by-state-5008/>

How to Get a Business License in Your State

Step Six Order Business Cards & Other Signage

Vistaprint <http://vistaprint.com>

HiHello <https://www.hihello.me/pricing>

HiHello Pricing

Step Seven Join Your Professional Organization

AAMFT American Association for Marriage and Family Therapy <https://www.aamft.org/>

CAMFT California Association of Marriage and Family Therapists <https://www.camft.org/>

CSWA Clinical Social Work Association <https://www.clinicalsocialworkassociation.org/>

CPH & Associates <https://www.cphins.com/>

NASW National Association of Social Workers <https://www.socialworkers.org/>

NASW Assurance Services <https://getinsured.naswassurance.org/professional-liability-insurance-nasw/>

Liability Coverage Designed by Social Workers, for Social Workers

APA American Professional Agency

<https://www.americanprofessional.com/covered-professions/social-workersno-association-membership-or-dues/>

The Social Worker Program

APA American Psychological Association <https://www.apa.org/>

CALPCC California Association for Licensed Professional Clinical Counselors

<https://calpcc.org/who-are-lpcs>

Who are LPCCs?

ACA American Counseling Association

<https://www.counseling.org/about-us/about-aca>

About Us

Step Eight Get Insured

Hiscox <https://www.hiscox.com/>

APA American Professional Agency <https://www.americanprofessional.com/>

CPH & Associates <https://www.cphins.com/>

Hiscox <https://www.hiscox.com/>

CAQH Council for Affordable Quality Healthcare

<https://proview.caqh.org/>

ProView

NOLO

<https://www.nolo.com/legal-encyclopedia/malpractice-insurance-what-tail-coverage.html>

What is Medical Malpractice "Tail" Coverage?

Step Nine Get Your National Provider Identification (NPI)

CMS Centers for Medicare and Medicaid Services

[https://www.cms.gov/Medicare/Provider-Enrollment-and-](https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/MedicareProviderSupEnroll/downloads/EnrollmentSheet_WWWWH.pdf)

[Certification/MedicareProviderSupEnroll/downloads/EnrollmentSheet_WWWWH.pdf](https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/MedicareProviderSupEnroll/downloads/EnrollmentSheet_WWWWH.pdf)

The Who, What, When, Why & How of NPI: Information for Health Care Providers

NPPES National Plan & Provider Enumeration System <https://nppes.cms.hhs.gov/#/>

Step Ten Set Up Your Business Checking Account

Noridian Healthcare Solutions - Medicare MAC CMS1500 claim form

<https://med.noridianmedicare.com/web/jddme/claims-appeals/claim-submission/instructions>

CMS1500 Claim Form

Step Eleven Set Your Fees

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/medicare-coverage-database/details/lcd-details.aspx?LCDId=33252&ver=29&Date=&DocID=L33252&SearchType=Advanced&bc=KAAAABAAIAAA&>

Psychiatric Diagnostic Evaluation and Psychotherapy Services

Codify by AAPC American Academy of Professional Coders

<https://www.aapc.com/codes/cpt-codes-range/>

CPT® Codes Lookup

TherapyNotes

<https://blog.therapynotes.com/new-cpt-codes-take-effect-january-1-2019>

New CPT Codes Take Effect January 1, 2019

NASW National Association of Social Workers

<https://www.socialworkers.org/Practice/Clinical-Social-Work/Billing>

Billing

Simple Practice

<https://www.simplepractice.com/blog/top-billed-cpt-codes/>

Top 10 Mental Health CPT Codes 2022

PsychCentral

<https://psychcentral.com/lib/cpt-codes-for-psychology-services/>

CPT Codes for Psychotherapy & Other Psychology Services

TherapyNotes

<https://blog.therapynotes.com/a-quick-overview-of-cpt-codes>

A Quick Overview of CPT Codes

APA American Psychological Association

<https://www.apaservices.org/practice/reimbursement/health-codes>

CPT and Diagnostic Codes

APA American Psychological Association

<https://www.apaservices.org/practice/reimbursement/health-codes/health-behavior>

HBAI Health Behavior Assessment and Intervention Services

CT ACA Counseling Today American Counseling Association

<https://ct.counseling.org/2008/04/private-practice-in-counseling-the-complications-of-sliding-fee-scales>

The complications of sliding fee scales

GoodTherapy

<https://www.goodtherapy.org/for-professionals/business-management/money/how-to-set-sliding-scale-fees-for-your-practice>

How to Set Sliding Scale Fees for Your Practice

Zur Institute

<https://www.zurinstitute.com/courses/bartering-in-psychotherapy/overview/>

CEU Course offered

TherapyNotes

<https://blog.therapynotes.com/a-quick-overview-of-family-codes>

A Quick Overview of Family CPT Codes (90846 and 90847)

TheraThink

<https://therathink.com/cpt-code-90853>

CPT Code 90853: Group Therapy Billing & Coding Guide [2023]

APA American Psychological Association

<https://www.apaservices.org/practice/business/management/tips/procedures>

Put It in Writing: Your Office Policies and Procedures

PCT Person-centered Tech

<https://personcenteredtech.com/hipaa-manual-solo/>

Get Your HIPAA Manual Done

Navigating the Insurance Maze

<https://navigatingtheinsurancemaze.com/>

The Therapist's Complete Guide to Working with Insurance

Step Twelve Decide Who Will Do Your Billing

Square <https://squareup.com/us/en>

Ivy Pay

<https://www.talktoivy.com/ivypay>

Finally, a credit card option tailor-made for therapists.

Reimbursify

<https://reimbursify.com/>

We simplify out-of-network care for practitioners, patients & partners.

Be Your Own Biller

<https://webinars.beyourownbiller.com/>

Empowering Mental Health Clinicians

PCT Person-centered Tech

<https://personcenteredtech.com/2015/03/01/ethics-of-disclosure-to-clients-who-pay-with-plastic-or-online-transfers/>

Ethics of Disclosure to Clients Who Pay With Plastic or Online Transfers

PCT Person-centered Tech

<https://personcenteredtech.com/2016/02/21/square-hipaa-compliant-ethics-hipaa-client-safety-considerations/>

Use Square, Be HIPAA Compliant! Ethics, HIPAA... and What About PayPal?

Navigating the Insurance Maze <https://navigatingtheinsurancemaze.com/>

Noridian Healthcare Solutions - Medicare MAC

<https://med.noridianmedicare.com/web/jadme/topics/ra/qualified-medicare-beneficiary-qmb-program> *Qualified*

Medicare Beneficiary (QMB) Program

CMS Centers for Medicare and Medicaid Services

https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/Medicare_Beneficiaries_Dual_Eligibles_At_a_Glance.pdf

Beneficiaries Dually Eligible for Medicare & Medicaid

Beneficiaries Dually Eligible for Medicare & Medicaid

CAQH Council for Affordable Quality Healthcare

<https://proview.caqh.org/Login/>

ProView

CAMFT California Association of Marriage and Family Therapists

<https://www.camft.org/Resources/Read-The-Therapist>

Read The Therapist

Facebook Group: Insurance, Credentialing, Billing for MHClinics

<https://www.facebook.com/groups/InsuranceCredentialingandBillingforMHClinicians/>

Insurance Credentialing and Billing for Mental Health Clinicians

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1500.pdf>

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/clm104c26pdf.pdf> *Medicare Claims*

Processing Manual

NUCC National Uniform Claim Committee

<https://www.nucc.org/index.php/1500-claim-form-mainmenu-35/1500-instructions-mainmenu-42>

1500 Claim Form Reference Instruction Manual

OA Office Ally

<https://cms.officeally.com/Pages/Products/Clearinghouse.aspx>

Clearinghouse only information

Simple Practice

<https://www.simplepractice.com/?p=6db72747f2>

Referral Discount Link

OA Office Ally

<https://cms.officeally.com/>

Service Center; Practice Mate; EHR 24/7; clearinghouse

Availity

<https://www.availity.com/>

Clearinghouse

NASW National Association of Social Workers

<https://www.socialworkers.org/Practice/Clinical-Social-Work/Billing>

Billing Codes

NASW National Association of Social Workers

<https://www.socialworkers.org/LinkClick.aspx?fileticket=Ek4rmzNr6S8%3d&portalid=0>

Highlights of the Medicare CY 2021 Physician Final Rule February 2021

NASW National Association of Social Workers

<https://www.socialworkers.org/LinkClick.aspx?fileticket=clh5cgEk5E0%3d&portalid=0>

Medicare Telehealth Psychiatric CPT Codes used by Clinical Social Workers

NASW National Association of Social Workers

<https://www.socialworkers.org/LinkClick.aspx?fileticket=AIf2z25g2mI%3d&portalid=0>

Medicare Revises Telehealth Place of Service and Modifier Codes During COVID-19

Step Thirteen Choose Your Charting Method EHR vs. Paper

Advanced Data Systems Corporation

<https://www.adsc.com/blog/why-your-paper-based-system-is-slowing-your-practice-down>

Why Your Paper-Based System is Slowing Your Practice Down

Practice Fusion

<https://www.practicefusion.com/health-informatics-practical-guide-page-1/>

Benefits of switching to an electronic health record

GoodTherapy

<https://www.goodtherapy.org/for-professionals/software-technology/ehr-emr/article/what-are-emrs-and-ehrs-and-why-do-they-matter-to-therapists>

What Are EMRs and EHRs, and Why Do They Matter to Therapists?

TherapyNotes <https://www.therapynotes.com/>

Simple Practice

<https://www.simplepractice.com/?p=6db72747f2>

Discount Referral Link

TA TherapyAppointment <https://www.therapyappointment.com/>

OA Office Ally <https://cms.officeally.com/>

TheraNest <https://theranest.com/>

NASW National Association of Social Workers

https://www.socialworkers.org/LinkClick.aspx?fileticket=kluX7JP_Lv4%3D&portalid=0

New Federal Rule Provides Patients Access to Records 21st Century Cures Act (Cures)

Step Fourteen Create Your Forms & Celebrate!

Contra Costa Behavioral Health

<https://cchealth.org/mentalhealth/clinical-documentation/pdf/Clinical-Documentation-Manual.pdf>

Clinical Documentation Manual

CAMFT California Association of Marriage and Family Therapists

<https://www.camft.org/Resources/Legal-Articles/Chronological-Article-List/revisiting-informed-consent>

Revisiting Informed Consent

Zur Institute

<https://www.zurinstitute.com/informed-consent/>

Informed Consent

NASW National Association of Social Workers

<https://www.socialworkers.org/About/Legal/Legal-Issue-of-the-Month/Legal-Considerations-for-Social-Workers-Resuming-In-Person-Services>

COVID-19: Legal Considerations for Social Workers Resuming In-Person Services

AAMFT American Association for Marriage and Family Therapy <https://www.aamft.org/Events/Coronavirus-Reopening-Guidelines.aspx>

COVID-19: Reopening Practices and Resuming In-Person Sessions

Simple Practice

<https://www.simplepractice.com/blog/no-surprises-act-good-faith-estimates/>

No Surprises Act Q&A: What Good Faith Estimates Mean for Your Practice

Novitas Solutions - Medicare MAC

<https://www.novitas-solutions.com/webcenter/portal/MedicareJL/pagebyid?contentId=00171100>

Checklist: Psychotherapy services documentation

TheraNest

<https://theranest.com/resources/treatment-plan-template/>

Free Treatment Plan Templates for Mental Health Professionals

PositivePsychology

<https://positivepsychology.com/mental-health-treatment-plans/>

Mental Health Treatment Plans: Templates, Goals & Objectives

Amazon

<https://www.amazon.com/Complete-Adult-Psychotherapy-Treatment-Planner/dp/111806786X>

The Complete Adult Psychotherapy Treatment Planner: Includes DSM-5 Updates

NASW National Association of Social Workers

<https://www.socialworkers.org/About/Legal/HIPAA-Help-For-Social-Workers/Telemental-Health>

Telemental Health: Legal Considerations for Social Workers

NASW National Association of Social Workers

<https://www.socialworkers.org/LinkClick.aspx?fileticket=fN67-dWQReM%3d&portalid=0>

Telemental Health Informed Consent

U.S. DHHS U.S. Department of Health and Human Services

<https://www.hhs.gov/hipaa/for-professionals/privacy/guidance/model-notices-privacy-practices/index.html>

Model Notices of Privacy Practices

U.S. DHHS U.S. Department of Health and Human Services

https://www.hhs.gov/sites/default/files/ocr/privacy/hipaa/npp_hc_provider-text_version.doc

Model Notices of Privacy Practices

NASW National Association of Social Workers

<https://www.socialworkers.org/About/Legal/HIPAA-Help>

HIPAA Help for Social Workers

U.S. DHHS U.S. Department of Health and Human Services

<https://www.hhs.gov/hipaa/for-professionals/faq/notice-of-privacy-practice/index.html>

Notice of Privacy Practices

Dr. Keely Kolmes

<https://drkkolmes.com/social-media-policy/>

Updated Social Media Policies, 2020!

Cunningham Therapy

<https://www.cunninghamtherapy.com/userfiles/12969/file/ClientEmail.pdf>

Client Email/Texting Informed Consent Form

HIPAA Journal

<https://www.hipaajournal.com/hipaa-release-form/>

HIPAA Release Form

University Health Services Florida State University https://uhs.fsu.edu/sites/g/files/upcbnu1651/files/docs/PHQ-9%20and%20GAD-7%20Form_a.pdf

PHQ9 & GAD7

AAMFT American Association for Marriage and Family Therapy <https://www.aamft.org/>

Navigating the Insurance Maze

<https://navigatingtheinsurancemaze.com/product/formspacket/>

Forms Packets

The Practice of Therapy

<https://practiceoftherapy.com/hacks-and-tips-for-using-google-g-suite-in-private-practice/>

Google G-Suite Hacks and Tips

Cornell Law School

<https://www.law.cornell.edu/cfr/text/45/164.501>

Protected Health Information 45 CFR § 164.501 - Definitions.

CMS Centers for Medicare and Medicaid Services

[https://www.cms.gov/medicare-coverage-database/details/lcd-](https://www.cms.gov/medicare-coverage-database/details/lcd-details.aspx?LCDId=33252&ver=29&Date=&DocID=L33252&SearchType=Advanced&bc=KAAAABAAIAAA&)

[details.aspx?LCDId=33252&ver=29&Date=&DocID=L33252&SearchType=Advanced&bc=KAAAABAAIAAA&](https://www.cms.gov/medicare-coverage-database/details/lcd-details.aspx?LCDId=33252&ver=29&Date=&DocID=L33252&SearchType=Advanced&bc=KAAAABAAIAAA&) *Psychiatric*

Diagnostic Evaluation and Psychotherapy Services

TheraNest

<https://theranest.com/blog/what-are-psychotherapy-notes-vs-progress-notes/>

What are Psychotherapy Notes and How Are They Different from Progress Notes?

Step Fifteen To Home Visit or Not to Home Visit

Medicare Interactive

<https://www.medicareinteractive.org/get-answers/medicare-covered-services/home-health-services/the-homebound-requirement>

The homebound requirement

Medicare Interactive

<https://www.medicareinteractive.org/get-answers/medicare-covered-services/home-health-services/home-health-basics>

Home health basics

Medicare Interactive

<https://www.medicareinteractive.org/get-answers/medicare-covered-services/home-health-services/plan-of-care>

Home Health Plan of care

NASW National Association of Social Workers

https://www.socialworkers.org/Practice/Clinical-Social-Work/Billing-Codes?udt_22777_param_page=2

Clinical Social Work Practice Tools: Billing

CMS Centers for Medicare and Medicaid Services

https://www.cms.gov/Medicare/Coding/place-of-service-codes/Place_of_Service_Code_Set

Place of Service Code Set

CMS Centers for Medicare and Medicaid Services

https://www.cms.gov/Medicare/Coding/place-of-service-codes/Place_of_Service_Code_Set

Place of Service Code Set

CMS Centers for Medicare and Medicaid Services

https://www.cms.gov/Medicare/Coding/place-of-service-codes/Place_of_Service_Code_Set

Place of Service Code Set

Novitas Solutions

<https://www.novitas-solutions.com/webcenter/portal/MedicareJL/pagebyid?contentId=00003600>

GV & GW modifiers

Step Sixteen Applying to Insurance Panels

Navigating the Insurance Maze

<https://theinsurancemaze.com/>

Be Your Own Biller

<https://webinars.beyourownbiller.com/>

Webinars

CAQH Council for Affordable Quality Healthcare

<https://www.caqh.org/>

NASW National Association of Social Workers

<https://www.socialworkers.org/advocacy/policy-issues/medicare-reimbursement>

Medicare Reimbursement Improving Access to Mental Health Act (S. 870/H.R. 2035)

GoMedigap

<https://www.gomedigap.com/medicare-answers/medicare-supplement-plans/medicare-2020-changes/>

What Are the Medicare Changes 2020

AARP American Association of Retired Persons

https://assets.aarp.org/rgcenter/health/fs149_medicare.pdf

The Medicare Beneficiary Population

CMS Centers for Medicare and Medicaid Services

<https://data.cms.gov/>

CMS Data Sets

CSWA Clinical Social Work Association

<https://www.clinicalsocialworkassociation.org/Legislative-Alerts/3740167>

UPDATE on LCSWs and Medicare Opt-in and Opt-out

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Medicare-Contracting/Medicare-Administrative-Contractors/Who-are-the-MACs#MapsandLists>

Who are the MACs

Noridian Health Services MAC

<https://med.noridianmedicare.com/web/jeb/enrollment/ptan>

PTAN information

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Medicare-Contracting/Medicare-Administrative-Contractors/Who-are-the-MACs>

Who are the MACs - Current Maps & Lists

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/Manage-Your-Enrollment>

Manage Your Enrollment

PECOS Medicare Enrollment for Providers and Suppliers <https://pecos.cms.hhs.gov/pecos/login.do#headingLv1>

Medicare Provider Enrollment, Chain, and Ownership System (PECOS)

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Medicare-Contracting/Medicare-Administrative-Contractors/Who-are-the-MACs#MapsandLists>

Who are the MACs

Noridian Healthcare Solutions - Medicare MAC <https://med.noridianmedicare.com/web/jeb/enrollment/enroll>

Enroll in Medicare - Jurisdiction E Part B: California, Hawaii, Nevada, American Samoa, Guam, Northern Mariana Islands

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/MedicareProviderSupEnroll/EnrollmentApplications.html>

Enrollment Applications

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Medicare/Medicare-Contracting/FFSProvCustSvcGen/MAC-Website-List>

MAC Websites, Secure Internet Portals, & Electronic Mailing Lists

Noridian Healthcare Solutions Medicare MAC

<https://med.noridianmedicare.com/web/jeb/enrollment/opt-out>

Opt Out of Medicare

CMS Centers for Medicare and Medicaid Services

<https://www.CMS.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNMattersArticles/Downloads/SE1128.pdf>

Prohibition Billing Dually Eligible Individuals Enrolled in the Qualified Medicare Beneficiary (QMB) Program

CMS Centers for Medicare and Medicaid Services

https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/Medicare_Beneficiaries_Dual_Eligibles_At_a_Glance.pdf

Beneficiaries Dually Eligible for Medicare & Medicaid

AAPC American Academy of Professional Coders

<https://www.aapc.com/macra/macra.aspx>

What Is MACRA?

CMS Centers for Medicare and Medicaid Services

<https://qpp.cms.gov/mips/how-eligibility-is-determined?py=2020#mipsEligibleClinicians-2020>

How MIPS Eligibility is Determined

California Medi-Cal Provider Enrollment

https://files.medi-cal.ca.gov/pubsdoco/prov_enroll.aspx

Nevada DHHS Nevada Department of Health and Human Services Medicaid Nevada

<https://www.medicaid.nv.gov/providers/enroll.aspx>

Provider Enrollment

CA DHCS California Department of Health Care Services Medi-Cal

<https://www.dhcs.ca.gov/individuals/Pages/MMCDHealthPlanDir.aspx>

Medi-Cal Managed Care Health Plan Directory

CA DHCS California Department of Health Care Services Medi-Cal

<https://www.dhcs.ca.gov/individuals/Pages/MMCDHealthPlanDir.aspx>

Medi-Cal Managed Care Health Plan Directory

CHW California Health and Wellness

<https://www.cahealthwellness.com/providers/become-a-provider.html>

Become a Provider

Anthem Blue Cross Managed Care Medi-Cal

<https://mss.anthem.com/california-medicaid/benefits/medi-cal-plan-benefits.html>

Medi-Cal benefits

Anthem Blue Cross

<https://www.anthem.com/ca/provider/getting-started/>

California: Join Our Network

Nevada DHHS Nevada Department of Health and Human Services

<http://dhcfnv.gov/Members/BLU/MCOMain/>

Managed Care and Dental Health Plan

Aetna

<https://www.aetna.com/health-care-professionals/join-the-aetna-network.html>

Join Network

Anthem Blue Cross

<https://mediproviders.anthem.com/ca/pages/join-our-network.aspx>

Joining our network California Providers

Beacon Health Options

<https://www.beaconhealthoptions.com/providers/beacon/contact-information/>

Interested in joining the network?

Blue Shield of California

https://www.blueshieldca.com/bsca/bsc/wcm/connect/provider/provider_content_en/guidelines_resources/prospective_providers/behavioral_health_providers

Join the Blue Shield of California provider network

HMC Healthworks

<https://www.hmchealthworks.com/programs/managed-behavioral-health/>

Join Our Network

UFCWT United Food & Commercial Workers Trust

<https://www.ufcwtrust.com/providers.aspx>

Provider Enrollment

MHN / Healthnet

<https://www.mhn.com/providers/join-our-network.html>

Join Our Network

Optum Provider Express

<https://www.providerexpress.com/content/ope-provexpr/us/en/our-network/jon-states.html>

Join Our Network

Tricare-West

<https://www.tricare-west.com/content/hnfs/home/tw/prov/become-a-provider.html>

Become a TRICARE Provider - West Region Network

California State Managed Care Medi-Cal program

<https://www.dhcs.ca.gov/individuals/Pages/MMCDHealthPlanDir.aspx>

Medi-Cal Managed Care Health Plan Directory

Navigating the Insurance Maze <https://navigatingtheinsurancemaze.com/>

Step Seventeen Get the Word Out -You're Open for Business!

Weebly <https://www.weebly.com/>

Wix <https://www.wix.com/>

WordPress.com www.wordpress.com

Sites.google <https://sites.google.com/new>

GoDaddy <https://www.godaddy.com/offers/website-builder/website>

Website.Com <https://www.website.com/>

VistaPrint

<https://www.vistaprint.com/digital-marketing>

Digital Marketing

Name.com www.name.com

Online Therapy Directory <https://www.onlinetherapy.com/>

GAH Give an Hour

<https://giveanhour.org/>

Mental Health. For Life

PT Psychology Today www.PsychologyToday.com

Step Eighteen Establish Your Professional Will**TherapyNotes**

<https://blog.therapynotes.com/how-and-why-to-prepare-a-professional-will-for-your-therapy-practice>

How (and Why) to Prepare a Professional Will for Your Therapy Practice

Simple Practice

<https://www.simplepractice.com/blog/in-case-of-emergency-the-professional-will-with-free-template/>

In Case of Emergency: The Professional Will

Step Nineteen Telemental Health/Teletherapy/Tele-Behavioral Health, or plain ole' Telehealth, OH MY**TherapyNotes**

<https://blog.therapynotes.com/how-covid-has-transformed-mental-healthcare>

How COVID Has Transformed Mental Healthcare

CALTRC California Telehealth Resource Center

<https://caltrc.org/lessons/what-is-telehealth-2/>

What is telehealth?

CMS Centers for Medicare and Medicaid Services

https://www.cms.gov/Medicare/Coding/place-of-service-codes/Place_of_Service_Code_Set

Place of Service Code Set

CA BBS California Board of Behavioral Sciences

<https://www.bbs.ca.gov/consumers/info.html>

General Info & Requirements

CA BBS Business and Professions Code General Info

<https://www.bbs.ca.gov/consumers/info.html>

General Info & Requirements

Medicare.gov

<https://www.medicare.gov/coverage/telehealth>

Medicare Part B (Medical Insurance) covers certain telehealth services.

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/newsroom/fact-sheets/calendar-year-cy-2022-medicare-physician-fee-schedule-final-rule>

Calendar Year (CY) 2022 Medicare Physician Fee Schedule Final Rule

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/newsroom/fact-sheets/calendar-year-cy-2022-medicare-physician-fee-schedule-final-rule>

Calendar Year (CY) 2022 Medicare Physician Fee Schedule Final Rule

CMS Centers for Medicare and Medicaid Services

<https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/RuralHlthClinfctsh.pdf>

Rural Health Clinic

Rural Health Clinic

Positive Psychology

<https://positivepsychology.com/telemental-health/>

17 Telemental Health Resources for Practitioners & Patients

E-visit <https://evisit.com/state-telemedicine-policy/>

CCHPCA Center for Connected Health Policy <http://www.cchpca.org/>

CALTRC California's Telehealth Resource Center <http://www.caltrc.org/>

PCT Person-centered Tech <https://personcenteredtech.com/>

Zur Institute <https://www.zurinstitute.com/>

Telehealth.org <https://telehealth.org/>

CA BBS California Board of Behavioral Sciences

https://www.bbs.ca.gov/pdf/regulation/2016/1815_ooa.pdf

§1815.5. Standards of Practice for Telehealth

Doxy.me <https://doxy.me/>

Doxy.me

www.doxy.me/bonniemckeeganlcsw

Bonnie McKeegan's Doxy Page

Google Meet <https://meet.google.com/>

Microsoft Teams

<https://www.microsoft.com/en-us/microsoft-teams/healthcare-solutions>

For Healthcare Workers

Zoom

<https://zoom.us/healthcare>

Telehealth for Healthcare Providers

VSee <https://vsee.com/>

Updox <https://www.updox.com/>

Skype for Business

<https://www.hipaajournal.com/skype-hipaa-compliant/>

Is Skype HIPAA Compliant?

Cisco Webex Meetings / Webex Teams

<https://blog.webex.com/video-conferencing/protecting-your-webex-healthcare-data/> and

<https://www.webex.com/pricing/index-rbd.html>

How Do Cisco's Webex Services Enable HIPAA Compliance?

Amazon Chime

https://aws.amazon.com/about-aws/whats-new/2019/06/chime_hipaa_eligibility/ and for pricing

<https://aws.amazon.com/chime/pricing/?nc=sn&loc=3&dn=1>

Amazon Chime Achieves HIPAA Eligibility

GoToMeeting

<https://www.goto.com/pricing/meeting>

GoToMeeting Pricing

PT Psychology Today Sessions: Review on Person-centered Tech

<https://personcenteredtech.com/2020/09/17/psychology-today-sessions-a-provisional-review/>

Psychology Today Sessions: A Provisional Review

TheraPlatform

<https://www.theraplatform.com/features/hipaa-compliant-video-conferencing>

HIPAA compliant video conferencing

TherapyNotes <https://www.therapynotes.com/>

TheraNest

<https://theranest.com/vs/psychology-today-sessions/>

How does TheraNest Telehealth compare to Psychology Today's "Sessions"?

BlueJeans by Verizon

<https://www.bluejeans.com/use-cases/telehealth>

Video Conferencing For Telehealth

Step Twenty Compassion Satisfaction, Compassion Fatigue, Burnout**CompassionFatigue.org**

<https://www.compassionfatigue.org/pages/resources.html>

Resources

ProQol.org

<https://proqol.org/proqol-1>

Take the test